

MUSIC



Steven Halpern

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"If the eye is the window to the soul the ear is surely the doorway."

— Steven Halpern

Have you ever heard of Pure Music? It's the kind of music Mother Nature plays — bubbling brooks, pounding waves, murmuring pines, and windsongs. And it's the kind of music Steven Halpern creates — lovely, lilting melodies, laced with ethereal, counterpoint harmonies... it's the Music of the Spheres, *live*.

From the beginning of time, man's music has been a mirror of his soul: from monks intoning Gregorian chants to blacks singing the blues, music has always been a barometer of our moods. And conversely, music creates a mood all its own; whether "soothing the savage beast" through lullabies or awakening it with rock and roll.

Recognizing this unique and powerful aspect of music, Steven Halpern has created a New Age mood music. Unlike canned or "supermarket" music (guaranteed to put you to sleep or create a bland or rushed mood), Halpern's music is engineered to nudge you and your spirit awake through the subtle medium of pure sound.

Not only is the album effective in creating a meditative atmosphere, but the music contained within is truly beautiful. The album is a soundscape of harmonies and melodies based on the progression of musical keys, colors and astrological signs, blending into an almost visual array of colors, movements and patterns.

"Research at the (Spectrum Research) Institute has demonstrated that certain kinds of musical arrays exert a significant calming effect. *Spectrum Suite*, Steven Halpern's first centering soundscape, produced relaxation responses in an experimental group of listeners which was measured by Kirlian photography and bio-feedback instruments. This new album continues the empathetic explorations by expanding its scope into a symbolic representation of the 'music of the spheres.'"

"...If we can find the proper key, we can play ourselves like the strings of a cosmic harp; we can literally tune ourselves to the music of the spheres. It is to this end that this album is dedicated."

Steven Halpern, M.A., is director of the Spectrum Research Institute, a center devoted to the study and development of Psycho-Acoustics — mind/body healing through the use of various sound and color wave frequencies; simply, tuning in the

body to Universal Harmony.

Drawing upon his background in biology, music, religion and psychology, Halpern has created a New Age holistic approach to healing — Sound Health.

According to Steve: "The time was right for a musical update of the number David laid on Saul, one that would work on ordinary fold as well as kings."

Or in the words of Marshall McLuhan: "There's more hear than meets the ear."

Steve Halpern may very well be a modern-day Pied Piper, ushering in the Aquarian Age of music.

Can you *Here* it...?

JoAnn Merita

Osamu Kitajima

Benzaiten

Osamu

Osamu Kitajima, a phenomenal musician in our midst, is virtually unknown.

A brief historical perspective: since World War II, Japanese culture has become increasingly Westernized, especially in its music. Popular music there is an obvious pastiche of whatever the United States rock craze is at the time. Osamu